

Malatai
Villa

MENU



BREAKFAST CHOICES

Freshly-squeezed Orange Juice

Selection of other Fruit Juices

Coffee or Tea of Choice

Tropical Fruit Platter

Cereal of Choice - yoghurt/granola/fresh fruits/honey

Eggs - scrambled/boiled/poached/fried

Eggs Benedict with Hollandaise Sauce

Waffles/Pancakes with Syrup - plain or with chocolate chips

Red Velvet Pancakes/Waffles with Cream Cheese Frosting



French Toast Casserole with Maple and Praline Topping

Smoked Salmon and Bagel Bar

Breakfast Meats

- bacon strips/Canadian bacon/
ham/sausage

Baked Beans

Toast - white bread/brown bread/
Jamaican hardo bread/bagels

Butter/Cream Cheese

Peanut/Almond Butter

Jams - strawberry/guava/grape

Jamaican Special Breakfast Choices

Ackee and Saltfish - Jamaica's national dish

Seasoned and Sauteed Callaloo

Mackerel Rundown

With any of the following sides:

- boiled green bananas, yam,
dumplings (fried or boiled)

Fried or Roasted Breadfruit

Fried Johnny Cakes

Fried Plantain





APPETIZER CHOICES

Codfish (Saltfish) or Shrimp Fritters with a Tomato and Scotch Bonnet Sauce

Creamy Scotch Bonnet Crab Dip with Pita Chips

Jamaican Crab Backs

Shrimp or Lobster Cocktail with Sweet and Spicy Fruit Sauce

Shrimp Ceviche with Plantain Chips

Smoked Marlin Rounds with Pepper Jelly and Capers

Grilled Jerk Sausage with Honey Garlic Sauce



VEGETARIAN OPTIONS

Baked Herb-seasoned Feta with Pita Chips

Curry Ackee with Mini Bammies

Grilled Eggplant Bruschetta

Traditional Hummus with Garlic-flavoured Pita Chips

LUNCH CHOICES

Jerk Chicken with BBQ Jerk Sauce

Chicken and Pineapple Skewers with Sweet Jerk Sauce

Chicken Crepes with a Garlic Béchamel Sauce

Grilled Turmeric Chicken with Mediterranean Tahini Sauce

Chicken or Shrimp Caesar Salad

Shrimp, Lobster, or Chicken Mediterranean Salad

Chicken or Shrimp Rasta Pasta

Guava-flavoured Roast Pork with Spicy Vinegar Sauce

Lasagna with Meat or Chicken, or Vegetarian-style

Garlic and Herb Shrimp Skewers with Tatziki Sauce

Seafood Crepes with a Cheese and Parsley Sauce

Hamburgers and Hotdogs with French Fries and all the fixings



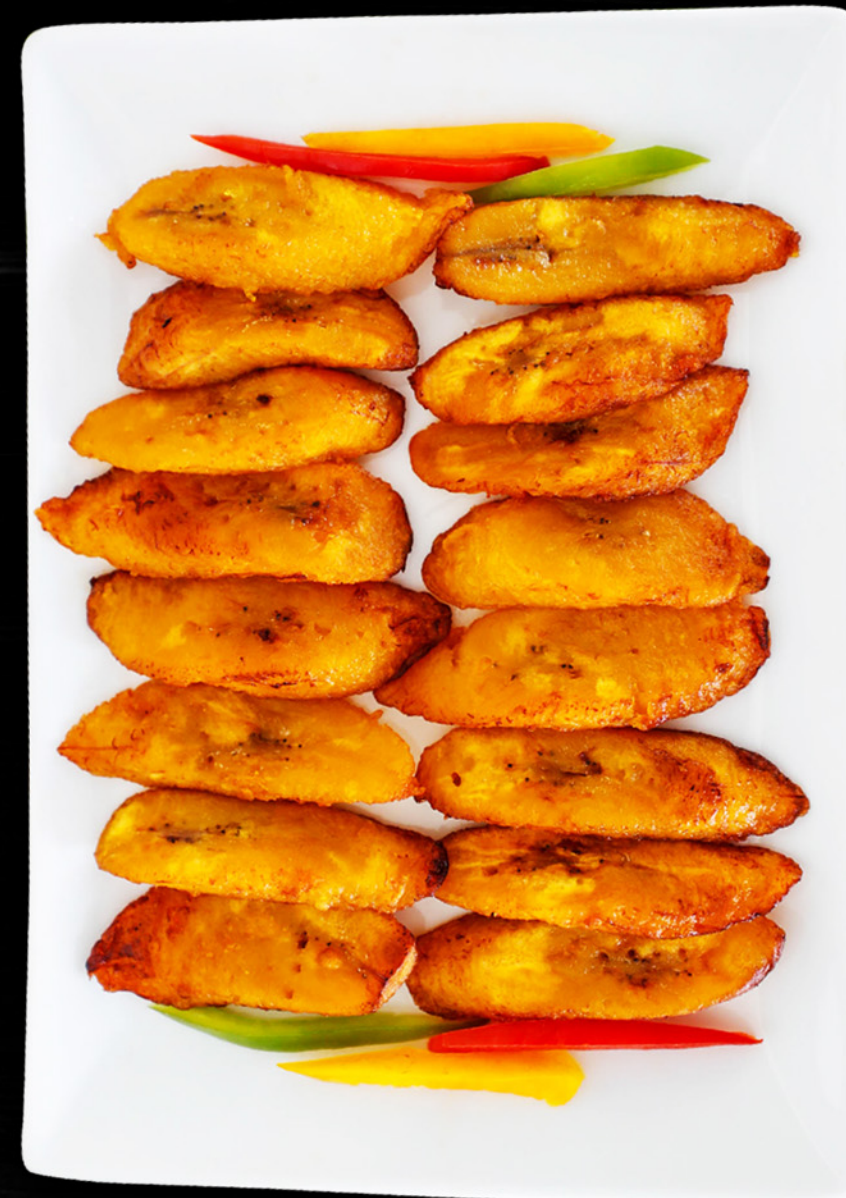
VEGETARIAN OPTIONS

Jerk Vegetables in a
Jamaican-style Tomato Sauce

Vegetable-stuffed Pasta Shells
with a Basil and Cheese Sauce

Fricasseed Black-eye Peas

Island-style Curry Chick Peas
or Butter Beans



DINNER CHOICES

Grilled or Baked Chicken with Vegetables
with a Creamy Mushroom Sauce

Whole Beef Tenderloin Grilled with a
Herbed Butter Sauce or
an Onion Mushroom Sauce

Roasted Leg of Lamb
with a Hint of Rosemary

Honey-jerked Rack of Lamb

Whole Grilled or Baked Fresh
Caribbean Snapper served
with a Creamy Lime Sauce
With choice of stuffing of:
- shrimp, callaloo,
or seasoned yam

Grilled Lobster with Garlic and Parsley Butter

Lobster Thermidor



JAMAICAN OPTIONS

Curry Shrimp or Chicken

BBQ/Fricassee Chicken

Stew Peas with Meat, or Vegetarian-style

All of above best with: white rice, potatoes, fried plantain



SIDES

Jamaican Rice and Peas

Pineapple Fried Rice

Rice - white/coconut/turmeric/callaloo

Plantain - fried/baked

Mixed Vegetable Casserole

Roasted Pumpkin and Callaloo
with Caramelized Onions

Baked Cauliflower with
Cheese or Tahini Sauce

Carrots and String Beans
tossed with Thyme and Butter



Mac and Cheese

Stuffed and Seasoned
Twice-Baked Potato

Potato Lyonnaise

Rosemary and Garlic-baked
Potato Wedges

Caribbean-flavoured
Boiled Corn on the Cob

SOUPS

Jamaican Red Peas/Pumpkin/ Callaloo
- add chicken or beef

Roasted Tomato and Basil

Corn Chowder

Lobster Bisque

Seafood Gumbo

All of above served with choice of:
- garlic bread, cheese biscuits, buttered
pita bread toast



SALADS

Fresh Tossed Garden Salad with Balsamic Vinaigrette

Traditional Greek Salad

Caesar Salad with Garlic Croutons

Layered Salad
with Creamy Garlic Dressing

Caprese Salad with Balsamic Vinegar
and Olive Oil with Fresh Basil

Curried Couscous with
Cranberries and Cauliflower

Roasted Beet and Goat Cheese

Traditional Potato Salad



DESSERT CHOICES

Malatai's Popular Pineapple
Upside-Down Cake

Fresh Banana-stuffed Crepes
with Rum Glaze

Panna Cotta with Fresh Berries
and Balsamic Syrup

Ambrosia - topped
with Toasted Coconut and Pecans

Bananas Foster
with Vanilla Ice Cream

Jamaican Bread Pudding
with a Sweet Brown Sugar
Rum and Butter Sauce

Coconut Cream Pie

Rum Cake with Nuts
and a Butter Rum Sauce





KIDDIES CHOICES

Chicken Strips or Fried/Grilled Chicken

Grilled Cheese Sandwich

Mac and Cheese

Pasta with kid's choice of Sauce
- add chicken or meatballs

Hot Dogs



KIDDIES DELIGHTS

Cupcakes - Chocolate or Vanilla, with frosting and sprinkles

Cake - Chocolate or Vanilla, with frosting and sprinkles

Cookies - Sugar or Chocolate Chip

Ice Cream - assorted flavours, or Ice Cream Bar

Brownies

