

## SIMPLE 7 DAY MENU

### *Day 1*

#### **Arrival Drinks**

Rum punch, Fruit Punch

#### **Arrival Snacks**

Sandwich Platter (Chicken/Cheese/Tuna), Assorted Cookies

#### **Evening Hors d'oeuvres**

Hot Crab Dip served with pita chips

#### **Dinner**

Chicken Cordon Bleu with creamy scotch bonnet sauce

Seasoned Potato Wedges

Sauteed Vegetables

White Rice

#### **Dessert**

Chocolate Mousse

### *Day 2*

#### **Breakfast-**

Fresh Juices, Fruit Smoothies

Coffee & Teas

Fruit Platter

Banana Bread

Bacon, Toast, Baked Beans, Saltfish Fritters

Eggs of Choice

#### **Day Hors d'oeuvres**

Marlin Dip with Breadfruit Chips

#### **Lunch**

Jerk Chicken

Jerk Pork

Festival

Roast Yam

Rice and Peas

#### **Dessert**

Brownies & Vanilla Ice Cream

**Evening Hors d'oeuvres**

Saltfish Fritter Balls with dipping sauce

**Dinner**

Pumpkin Soup

Beef Lasagna

Chicken Fettuccini Alfredo

Caesar Salad

**Dessert**

Jamaican Bread Pudding

## *Day 3*

**Breakfast-**

Fresh Juices, Fruit Smoothies

Coffee & Teas

Fruit Platter

Assorted Muffins

Bagels with cream cheese, smoked salmon, onions and capers

**Day Hors d'oeuvres**

Tropical Fruit Kebabs

**Lunch**

Fried Fish/Steamed Fish/Grilled Fish/Escoveitch Fish

Festival

Bammy Sticks

Salad with vinaigrette dressing

**Dessert**

Lemon Bars

**Evening Hors d'oeuvres**

Hot Bean dip served with Tortilla Chips

**Dinner**

BBQ Fillet with Bearnaise Sauce

Tomato Mozzarella Caprese

White Rice

Garlic Bread

**Dessert**

Apple Pie & Vanilla Ice Cream

## *Day 4*

**Breakfast-**

Fresh Juices, Fruit Smoothies

Coffee & Teas

Fruit Platter

Sausage, Toast

Eggs of Choice  
Pancakes (Buttermilk/Banana) & Syrup

**Day Hors d'oeuvres**

Salsa & Guacamole served with Tortilla Chips

**Lunch**

Curried Chicken Wraps in Roti  
Jerk Chicken Wraps  
Caesar Salad

**Dessert**

Ice Cream Sundaes (vanilla ice cream, whipped cream, chocolate sauce & caramel sauce)

**Evening Hors d'oeuvres**

Chicken Satay with peanut sauce

**Dinner**

Corn Chowder  
Seafood Pasta  
French Bread  
Salad

**Dessert**

Rice Krispy Desert (with peanut butter)

*Day 5*

**Breakfast-**

Fresh Juices, Fruit Smoothies  
Coffee & Teas  
Fruit Platter  
Pumpkin Bread  
Traditional Jamaican: Ackee & Saltfish, Callaloo, Johnny Cakes

**Day Hors d'oeuvres**

Mexican Layered Dip & Tostitos

**Lunch**

Herb Lemon Roast Chicken & Gravy  
Stuffing  
Scalloped Potatoes  
Mixed Vegetables

**Dessert**

Homemade Twix Bars

**Evening Hors d'oeuvres**

Cream Cheese wontons with dipping sauce

**Dinner**

Chicken in Cashews & Noodles  
Garlic Shrimp  
Stir Fried Rice  
Stir Fried Veggies

**Dessert**

Jamaican Sweet Potato Pudding

## *Day 6*

**Breakfast-**

Fresh Juices, Fruit Smoothies  
Coffee & Teas  
Fruit Platter  
Eggs Benedict (Ham/Smoked Salmon) & Breakfast Potatoes  
French Toast & Syrup

**Day Hors d'oeuvres**

Jalapeño Cheese Dip & Doritos

**Lunch**

Hamburgers & Hotdogs on the bbq  
French Fries  
Sliced Cheese, Bacon  
Lettuce, Tomato, Sauteed Onions  
Gourmet BBQ Sauce

**Dessert**

Meringue Pavlova covered with fresh fruits

**Evening Hors d'oeuvres**

Hot Spinach Dip served with pita chips

**Dinner**

Grilled Chicken Kebabs  
Hummus  
Yellow Rice  
Garlic Roast Potato Cubes  
Fattoush Salad

**Dessert**

Oreo Cheesecake

## *Day 7*

### **Breakfast-**

Fresh Juices, Fruit Smoothies  
Coffee & Teas  
Fruit Platter  
Danishes  
Omelets (Western Style/ Spinach & Cheese)

### **Day Hors d'oeuvres**

Cucumber Bites

### **Lunch**

Club Sandwiches  
Jerk Chicken Pasta

### **Dessert**

Layered Strawberry, Cream & Biscuits Dessert